



Members of Co. Roscommon Historical Society and friends outside the Officers Mess of Collins Barracks, Cork, courtesy of Capt. Ian Harrington, Frenchpark, who is stationed there. The Society on their annual tour visited many places including Cobh, Kinsale, Jameson's Distillery and Cork Gaol.

## Lecture on contribution of Patrick Moran

A lecture entitled 'Patrick Moran, Crossna – his contribution to Irish freedom' will be delivered by Ms. May Moran in Kilronan Castle on Monday next, August 2nd at noon.

May Moran is a niece of Patrick Moran and the author of the recently published 'Executed for Ireland: The Patrick Moran Story'.

At 11.30 am, as in previous years, a visit will be made to O'Carolan's grave at Kilronan Abbey. A wreath will be laid and following this the lecture will take place.

## news at a glance

### Bike run thanks

Roscommon Mayo Hospice Foundation would like to sincerely thank all who made the recent bike run from Strokestown to Westport such a great success.

Grateful thanks to Donal Power and all the bikers who participated in the run for the two days as well as the many volunteers who gave their time so freely to help with the various collections. Thanks also to the many retail outlets and businesses who allowed collections at their premises and all who gave so generously to the cause. The total amount raised will be finalised in the coming weeks and will be included in the next Hospice newsletter. All funds raised by the Bike Run will help the Foundation to help many patients and families through very difficult times. Your support is greatly appreciated.

### Charity walk in aid of cystic fibrosis

The MacNificent 7 km charity walk in aid of cystic fibrosis will take place on Sunday 1st of August at 1pm, from the Square, Roscommon town. Entry fees for the event are €15 for adults and €10 for U18s. Cheques etc. are payable to Cystic Fibrosis Ireland.

The walk will go out the Gallowstown Road, in the Racecourse Road and finish at the MacNificent restaurant. All walkers will receive a certificate of merit from Cystic Fibrosis Ireland the day after the walk in MacNificent restaurant.

Danny Doyle, who is organising this walk, would like to thank MacNificent for their sponsorship and everyone that has sponsored in any way. Help is required for next Sunday's walk, such as stewards etc, and people to do fundraisers.

Ireland has the highest rate of cystic fibrosis in the world, with one in 19 people suffering from the disease. Cystic fibrosis in Ireland was highlighted recently when, while performing at Oxegen, Eminem dedicated a song to 28-year-old David Smith, an Irish fan who died from the disease.

Danny is taking part in the New York Marathon in November in aid of Cystic Fibrosis Ireland, but first needs to raise €5,000. Any fundraising would be greatly appreciated, such as a tea or coffee morning. Sponsorship cards are available from Danny, and donations can be made online at [www.mycharity.ie/event/danny\\_doyles\\_event](http://www.mycharity.ie/event/danny_doyles_event).

Please support in any way you can, no matter how small your donations are. All funds go to medical research. Cystic Fibrosis Ireland provides support and assistance to people with cystic fibrosis and their families. Any assistance would be gratefully appreciated.

For further information, contact Danny on (086) 8417264 or (087) 2023118.

### 140 cars scrapped under scrappage deal

140 cars have been scrapped in County Roscommon in the first half of this year, according to the Society of the Irish Motor Industry.

Roscommon had 1.59 percent of the national total. 73 cars were scrapped in Longford, 170 in Westmeath and 502 in Galway. Renault proved the most popular car to purchase under the scrappage scheme, with 1,669 cars. Second most popular was Ford with 1,218, with Skoda coming in third at 869.



**KILRONAN CASTLE  
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# SPECIAL OFFER

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**€79.00 PER PERSON  
SHARING**  
Sun - Thurs

## Treatments of the Month

**January:**  
Thermal Suite

**February:**  
Warm Stone Back Massage

**March:**  
Invigorating Full Body Sugar Scrub

**April:**  
Bright Eyes, Eye Treatment & Scalp Massage

**May:**  
Deep Tissue Back Massage

**June:**  
Warm Oil Therapeutic Face,  
Scalp & Shoulder Massage

**July:**  
Revive & Renewing Facial

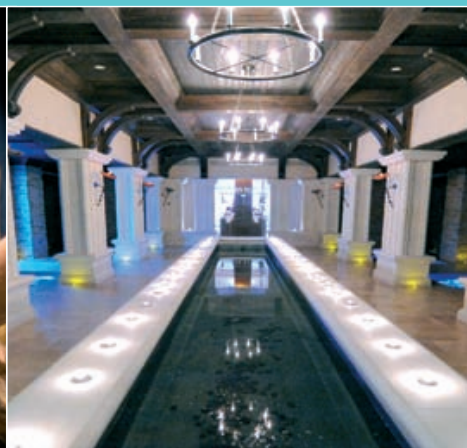
**August:**  
Refreshing Foot & Leg Ritual

**September:**  
Rasul, Exfoliation, Mud Steam Experience

**October:**  
Hot Poulitice & Oil Back Treatment

**November:**  
Fresh Lime Spa Foot Remedy

**December:**  
Warm Wax Therapeutic Spa Hand & Arm  
Treatment with Warm Basalt Stones



For more information 071 96 18000 [www.kilronancastle.ie](http://www.kilronancastle.ie)