



Wednesday 28th April to Monday 3rd May

For more info visit: www.roscommonlambfestival.com

Lamb Festival underway

Roscommon Lamb Festival is now officially underway, after it was officially opened on Wednesday afternoon at Roscommon Mart by Professor Patrick Wall.

The festival takes place throughout the May Bank Holiday Weekend. Following on the unprecedented success of last year's inaugural event, festival organisers have decided to make this an annual event and have planned an action packed six days promoting Roscommon Lamb, an internationally recognised quality Irish food product.

Highlights include a celebrity chef demonstration with well known TV chef Clodagh McKenna on Friday 1st May, a Brazilian & Irish style lamb barbecue complete with Brazilian music on Saturday 2nd May and on Sunday 3rd May a Global Kitchen Culinary Extravaganza features exotic lamb dishes from around the world cooked using the finest Roscommon lamb.

A full menu of activities are taking place in Loughnaneane Park on Sunday in the full glory of Roscommon Castle as part of Roscommon Lamb Festival 2010. Linking up with the Wool

Craft Village in the Square and the International Sheepdog trials in Walshe's Field, there will be something for everyone as family fun, heritage and food are showcased all in one place! Facepainting, balloon modelling, music, pony rides, dancing and entertainment will all be on offer. Admission is free, so bring all the family. Highlights include: Sheep racing with raffle sweepstake, Pet Lamb, Bo Peep & Boy Blue Competition sponsored by Texas department store and Island View Canine Creche, the Army No. 1 Band, Traditional Skills Showcase, Global Kitchen International Food Village, Global Dance Showcase and much more.

Members of the Roscommon knitting circle, The Cast Offs, will form a large knitting circle that you can join in on. Some wool and needles will be available but if you have any of your own be sure to cast on and come along! It is hoped to have enough knitted/crocheted squares to stitch together and display at the end of the festival. Fibre Artist Frances Crowe will demonstrate her tapestry weaving and also natural dyeing of wool. Merrove Guiren will be running an interactive



Pictured in the Roscommon Mart during the opening of Roscommon Lamb Festival were Lamb Festival committee members, special guests and Roscommon Mart representatives. Picture includes Donal Mee, Brian Kearns, Michael Naughton, Oliver Burke, Gerry Fallon, Laurence Fallon, Professor Patrick Wall, Gerry Browne and Michael Spellman. Picture: Andrew Fox.

weaving demonstration and that's just on the Square!

A new aspect to this year's Roscommon Lamb Festival is the many heritage events that are taking place. On Friday 30th April, there are two walks in Rindoon, Lecarrow with St. John's Heritage Group take place at 3 pm and 6 pm, meeting at Lecarrow Community Centre. Saturday 1st May sees a guided tour of Rathcroghan with NUIG's Joe Fenwick starting from the Cruachan Aí Heritage Centre, Tulsk.

Sunday 2nd May kicks off with a 13-14 km walk for walkers and walking clubs on the Suck Valley Way starting from

the Angling Centre in Athleague, please contact Martin Dunne on (087) 2665951 by 26th April.

The festival also has two tours in the county town, the first being a guided walking tour of Roscommon Town with

local historian John Kerrigan at 12 pm from the county library. 2.30 pm sees a fascinating architectural tour of Roscommon's Sacred Heart Church with Katriona Byrne, architectural historian and conservation consultant.

Terry Prone is guest speaker at RosWin fair on Saturday

Terry Prone, *right*, has this week been confirmed as the guest speaker at the RosWin (Roscommon Women in Business) fourth annual fair, which takes place on Saturday, May 1st from 10 am to 4 pm.

Terry Prone is one of Ireland's best-known businesswomen. She has edited highly successful magazines for the Creation Group and the Institute of Public Administration. Terry has served on the Boards of the Irish Museum of Modern Art, Dublin Zoo, Magill Magazine and The Arts Council. She was on the first Board of the Independent Radio and Television Commission (later the Broadcasting Commission of Ireland).

She is a founder Director of the Communications Clinic and is a key part of the development of its training and public relations services. She has trained in eleven countries, provided consultancy to hundreds of the top companies in



the country, designed training programmes in every aspect of communications and was one of the first people to develop Media Training in Ireland.

She has written TV and radio plays and appeared on TV programmes in Ireland and in the USA. Her work has featured in The Sunday Telegraph, The Daily Mail, The Guardian, The London Times and Readers Digest.

Other highlights of the RosWin Fair on Saturday will

Don't forget the Big Ol' Barn Dance

Get your dancing shoes on for the Big Ol' Barn Dance which takes place on the Sunday night of the festival, May 2nd at 9 pm in the festival marquee.

Northwest's newest talent, The Crimson Crows, will provide a fantastic night of country, blues and rock n roll in the festival marquee. Full bar on the night, tickets only €10 available from the festival ticket office, Gleeson's Townhouse, Jackson's restaurant, Eight Til Late, the festival ticket office on the Square and selected outlets. See www.roscommonlambfestival.com for more details.

include the displays from Roscommon's many female entrepreneurs, red hot style tips from Anita Hanley and a face painting service will be provided by Funky Faces, a service operated by four Transition Year students from Convent of Mercy Secondary School, Roscommon.

Top style tips from Anita!

'RedHotStyleTips' will be presented by Anita Hanley in Gleeson's, Roscommon on Saturday, May 1st. The first session will begin at 2.30 pm and the second session at 3.30 pm. Admission is free.

Anita is stylist on TV3 and this presentation promises to be fascinating. It's part of the ROSWIN showcase. Further details from Anita on 086-1967350 or email anitahanley@hotmail.com

ROSWIN MAY DAY FAIR!

Annual Fair – (Lamb Festival Marquee)

"Something for Everyone under one roof"

We have a wonderful day lined up, with something for everyone at our May Day Fair on Saturday 1st May, in the Market Square, Roscommon 10 am- 4pm.

This is the perfect chance to see what Women in Business in Roscommon are involved in locally.

The Fair will be open for business from 10am. and will include stands on Arts, Crafts, Energy, Jewellery, Travel, Therapies, Food, Skin analysis, Chocolate, Accounting, Nordic Walking, Coaching, Hats, Fashion, Health/Nutrition and much, much more.

Guest Speaker at our Fair is – Terry Prone of The Communications Clinic

- Come along and enjoy the many talents on display from Roscommon Entrepreneurial Women in Business.
- Don't miss the details of Competition – "Your vision for Roscommon 2020"
- Attending the fair also is Funky Faces - a face painting service provided by 4 transition students from the Convent of Mercy School, Roscommon. Funky Faces won the Roscommon County Final of the RCEB School Enterprise Awards recently.
- Also Anita Hanley RedHOTStyleTips delivering a fun fashion workshop.

Thinking about setting up in business, why not come and talk to us at our Marquee, in the Square, Roscommon on Saturday 1st May.

Not to be missed- A great day promised!

Admission Free: Everyone Welcome

Contact Deirdre/ Martina on 090 6627424

Or email networking@roswin.net

What's your 2020 vision for Roscommon?

Roscommon needs a vision, a vision that respects our rural nature, traditional character and small county charm while inspiring and strengthening our diverse community economically and culturally.

After more than ten years of rapid growth and development, a new slower pace now gives us the opportunity to refocus. It's time to reach back to our core strengths and come together as a community to shape our future.

Roscommon Women in Business is this week inviting people to submit entries of their vision for Roscommon in 2020. Entries can be in any medium, from written pieces, art installations, recipes, fashion designs, video documentaries, musical compositions, so long as they celebrate your personal vision for Roscommon as

it progresses toward 2020. Winners will receive a prize of €500, plus one full year of business or personal mentoring or coaching from RosWIN (Roscommon Women into Business Networking).

Entries from all age groups are welcome. Entry forms can be obtained from the RIDC Offices on Castle Street, Roscommon and will be available at the RosWIN Fair on May 1st during the Lamb Festival. The competition is being run over the next four months and the closing date is the 17th September next.

A panel of specially selected judges will adjudicate on the final selection and the winner will be announced at the 2011 RosWIN Fair. "This is your chance to make a difference to your community".