

Celebrate with Papa John's this Friday

Celebrations to mark the official opening of Papa John's at Casey's Service Station, Athlone Road, Roscommon, will take place this Friday, from 3 pm to 7 pm with lots of music, craic, online competitions and of course, lots of delicious pizza.

Popular i102-104 programme iGo Home with Fergal D'Arcy will be broadcast from the store on Friday, and will feature plenty of fun, music and on-air competitions. There will also be balloons for the kids and lots of free pizza and watch out for the pizza eating competition live on air.

With lots of goodies and giveaways, it promises to be a fun day for all the family. It's also the ideal opportunity to check out the superb pizza available at Papa John's.

Papa John's is the third largest pizza franchise in the world and the outlet at Casey's Service Station in Roscommon is the 22nd outlet in Ireland. Papa John's is available in over 29 countries worldwide.

Pat McDonagh of Supermac's owns the master fran-



chise for Ireland and he views Papa John's as a global business with a local flavour.

Pat is reported to be delighted with the reaction to date to Papa John's in Roscommon, stating that it is one of the most successful openings to date and thanking all Papa John's and Supermac's supporters and loyal customers to date.

Jim Casey of Casey's Service Station also thanked all the many local customers who have supported Papa John's so far.

Papa John's always use fresh dough and you can watch the pizza being kneaded and tossed in store, so you

always get an authentic fresh product.

Papa John's at Casey's Service Station in Roscommon do home deliveries. The deliveries are delivered in a special electronically heated bags, so that it retains its freshness and is hot when it reaches the customer, with a maximum delivery time of 35 minutes. There are always great individual and family deals available at Papa John's and they are always happy to combine Papa John's and Supermac's deliveries.

Call Papa John's, Casey's Service Station, Athlone Road, Roscommon, on (090) 66 38000.

Turn your life around

If you are seeking to turn your life around by making lasting changes to your body, then help is at hand from Dr. Eva Orsmond, whose professional approach to the treatment of obesity was seen recently on the highly successful 'Operation Transformation' TV programme on RTE.

60 percent of Irish people are classified as either overweight or obese, both of which increase the risk of diabetes and cardio vascular problems. Orsmond Clinics offers a sensible, healthy and effective approach to weight loss and clinics are now open in Athlone and Portlaoise, as well as Dublin and Galway.

One person who has experienced at first hand the transformation that can be achieved with the help of Dr. Eva Orsmond and Orsmond Clinics is 23-year-old Sarah Toohey. She lost over 14 stone in the past year and her weight loss has transformed her life.

"I think the hardest thing for people to do is take that first step," said Sarah. "You are so conscious that you don't want to reach out for help. But there are people like Dr. Eva out there who are willing to help and once you take that first step, you realise what you have been missing out on. It's all about changing your attitude and making your mind up that you are going to do it, that's the hard part."

Rather than a typical diet, the Orsmond Clinics approach is to change the relationship between the client and food, in addition to making them aware of the nutritional value of food and the medical consequences associated with obesity.

There are Orsmond Clinics located in Athlone, Portlaoise, Galway and Dublin. For more information, log on to www.orsmondclinics.com or call the clinic in Oranmore, Galway on (091) 790120 or Dublin (01) 2827500.



New Beginnings

A sensible, healthy and truly effective approach to weight loss is taking the country by storm. Run by Dr. Eva, The Orsmond Clinics, offer a medically-supervised, professional approach to the treatment of obesity

Athlone and Portlaoise Clinics NOW OPEN

Here is one of our success stories:

Sean Leonard
Sean Leonard, 47, an ex-fashion model and presenter, lost 2 1/2 stone on the Orsmond Clinics Programme. Having tried every type of diet to deal with his diabetes, it wasn't until he discovered the Orsmond Programme that he has finally dealt with the problem "I was having huge problems with lowering my blood sugar medically, as well as the weight. My blood sugar just wasn't going down - I had been to see everyone, doctors, dieticians, so when I saw an article about how the Orsmond Clinics Programme can help those with diabetes, I said I'd give it one last try. After my first consultation, Dr. Eva Orsmond said that she would help me win the battle against diabetes if I stuck with the programme for a month. I was off insulin after five weeks because my blood sugar had returned to normal! Losing the weight has completely changed my lifestyle. I followed every diet under the sun, but this was the only programme that actually worked for me. It just amazed me that after the programme, I was getting normal blood sugar readings that I hadn't had for years. I really like the fact that Dr. Eva Orsmond takes a personal interest. She's very tough, but it really works."

If you're looking to make lasting changes to your body, your life ... then contact the Orsmond Clinics for an appointment in Athlone, Dublin City, Loughlinstown, Dublin 18, Galway (Oranmore) and Portlaoise on 01 2827500 (for all enquiries)

TEL. (091) 790120

To celebrate the opening of our new clinics in Athlone and Portlaoise, we are offering a discounted rate of €490 for a 12 Week Weight Loss Programme. (Terms & conditions apply)

info@orsmondclinics.com www.orsmondclinics.com *Terms & Conditions Apply

YOU'LL NOT TOP THESE TRIPLE TREATS!!!

100% FRESH DOUGH

NEW TO ROSCOMMON

ANY * ...

2 x 10" Pizzas €15

2 x 12" Pizzas €20

2 x 14" Pizzas €25

Triple Treats Deal allows choice of any 2 pizzas of the same size from the following ranges: Classic Pizzas, Papa's Fresh to Create your own! (1 sports best toppings)

A minimum delivery charge of €2 applies. A maximum delivery order may apply. Size varies and drinks are delivered when you order with a pizza. Delivery drivers carry 100% fresh dough. Please remember when where possible, orders cannot be used in conjunction with each other by any other Papa John's offers, vouchers or coupons. Only one offer per order. Offers valid at participating stores for a limited time period only. Conditions apply - please check for details. All prices include VAT. Prices are subject to change without notice. Offers may be subject to availability. Supermac's sites are approximate your location. Chicken and fish products may contain traces of shellfish. *May vary between outlets of store. Copyright 2010 Papa John's International

OFFICIAL OPENING 30TH OF APRIL

Papa John's store is officially being opened on the 30th April between 3pm - 7pm.

i102-104 will broadcast "iGo Home" with Fergal D'Arcy live from the store!

- Pizza giveaways
- Pizza eating contest
- Face painting
- ALL WELCOME

YOU CALL... WE DELIVER

NOW OPEN: CASEY'S SERVICE STATION, ATHLONE RD.

CALL 0906 638000