



Staff recipe of the week

Over the coming weeks, we would like to share some of our staff's favourite recipes with you! They will also be featured as weekly specials in our restaurant.

Marie's Honey & Soy Chicken Skewers

Ingredients

3 tbsp dark soy sauce
1 small red chilli thinly sliced with seeds removed
3 tbsp clear honey
350g chicken fillet - cut into chunks

Serving suggestion: rice tossed with spring onion or tossed dressed salad leaves.

How to prepare:

Place the soy sauce chilli and honey in a small pan. Heat gently until melted. Place the Chicken in a bowl and pour over the marinade toss gently to wet. Preheat the grill to medium and thread the chicken onto skewers. Place on a foil lined grill rack. Brush on the remaining marinade. Grill for 4-5 mins turning once, until the chicken is golden and cooked through. Serve on a bed of rice garnished with spring onion & black pepper or accompanied by tossed dressed leaves salad and/or sesame seeds.



Enjoy Marie's recipe at home or in our restaurant!
www.gleesonstownhouse.com



Family value is great value at Gleesons!

Sundays are all about family so treat yours to a great value Sunday lunch at Gleeson's.

4 courses
only €22.50

3 course children's menu only €9.50



Gleeson's Artisan Food & Wine Shop Gift Ideas

We have a great range of hand made chocolate Easter Eggs and tailor made Easter hampers with our wonderful cheeses, wines & chocolates.

OR let someone choose their own Artisan Easter treats with a Gleeson's gift voucher.



Gleeson's Townhouse & Restaurant, Market Square, Roscommon
T: 090 662 6954 www.gleesonstownhouse.com

Free quotation for double-glazed windows with trapped condensation

Condensation trapped inside double-glazing was a real problem for many years. Well not any more, because Crystal Clear Window Works have opened their first dealership in Ireland, serving the Roscommon and County Galway areas.

The patented process removes the condensation from the inside of failed double-glazing and prevents it from returning for at least 20 years. The process has been carried out since 1989 in North America and more recently in the UK and now Ireland.

The cost of replacing sealed units every five to ten years due to water ingress is now a thing of the past and what's more, the repair price is

typically 50 percent cheaper than replacing the units. The environmental saving made by not scrapping the old glass and avoiding waste to landfill are also very attractive in today's climate, in fact a recent independent survey carried out by Wolverhampton University in the UK calculated a 95 percent carbon footprint saving can be made using this process in addition to the landfill savings.

The process involves injecting the unit with a patented Super Hydrophilic coating, which removes the water and condensation and leaves behind a coating on the glass that prevents the unit fogging again. A special venting system is installed into the

unit that prevents any further damage to the unit. In a lot of cases the units do not even have to be removed from the frame, avoiding damage to beads and paintwork etc.

20 YEAR GUARANTEE

Over 300,000 units have already been saved from landfill and with a twenty year insurance backed guarantee you can rest assured that the condensation will not return.

The newly opened Roscommon dealership will carry out the work on domestic and commercial glazing. UPVC, timber and aluminium windows can all be repaired as well as toughened safety glass. Many housing

associations in the UK have already adopted the process and are taking advantage of the huge financial and environmental savings.

So why do sealed units fail in the first place? Crystal Clear Window Works Managing Director Gerry O'Sullivan explains, "Sealed units react to temperature changes like many other products; on a very cold day the air that is trapped between the two panes of glass contracts and forces the unit into negative deflection and on a hot day the air expands and causes the units to swell. It is this constant expansion and contraction that eventually causes the perimeter seals to fail allowing humid air into the unit which

condensates on the glass. Our process involves installing a venting system into the unit that prevents the unit from reacting to the daily temperature changes. The Super Hydrophilic coating we inject into the unit then prevents the air passing through the unit from fogging."

With over 20 dealers in the UK and more opening every month this environmentally friendly product will soon be the preferred method of dealing with failed units. The local community and businesses can take advantage of the services offered by CCWW by telephoning (090) 66 21980 and they will be happy to arrange a free survey and quotation.

Condensation or Moisture in your Windows ?

Our Proven process quickly removes trapped moisture from the inside of failed double glazing, we inject the unit with a patented coating that prevents the unit from condensing and fogging, special vents are installed to prevent further ingress of moisture.

* up to 50% Cheaper than replacement * 20 Year Insurance Backed Guarantee * 300,000 units already done across the UK, Canada and USA. Save your windows and the environment.

Telephone **090 66 21980 or 086 3373293** www.crystalclearwindowworks.ie

Mrs Jennings "Great Job, Very happy with the work"

Mr Ward "Very Happy, units are now completely clear again"



Before Treatment



After Treatment

