



N&S

Custom made kitchens

OUR TEAM OF QUALIFIED CABINETMAKERS WILL GIVE YOU A

- High Quality service at an EXCELLENT PRICE
- Design solutions for all budgets
- Traditional and Rustic Styles to a stunning contemporary design
- In Frame Kitchens, Utilities, Built-in, sliding and hinged wardrobes
- Home studies and sitting room units

• Mobile: (087) 2745498 (Niall) • (087) 2995165 (Shane) • Tel: (090) 66 63503
Fuerty, Co. Roscommon

• ALL WORK GUARANTEED • FREE QUOTATIONS



UK/IRELAND CAR TRANSPORTING

Arctic Truck Available, Weekly
Multi Trip, Salvage, New Cars,
Classics, Tractors, E-Bay.
OWNER DRIVER FULLY INSURED

Kevin: 087 664 5534
KEEN RATES FOR TRADE LOADS

**Congratulations to the
Roscommon team**


FRIDAY 23RD JULY
CELEBRATION PARTY MUSIC WITH
JOHN SHANNON

SATURDAY 24TH JULY
Ladies, Ladies, Ladies
Michael Bublé
Tribute Band

JJ's

The Square, Roscommon

Open from 5.00 pm Monday - Thursday;
and 12.30 pm Friday - Sunday



**Last
Week's
Winner
was:**

**Mary
Heavey**
Strokestown,
Co. Roscommon

Shelly's Beauty Salon

Patrick Street, Castlerea,
Co. Roscommon
Telephone: (094) 9622674

New to Shelly's Beauty Salon
VIBROPLATE

THE BENEFITS ...

- Maximum 10 minute session only required. Burn up to 500 calories
- Raises resting and moving metabolic rate
- Tones muscles, increases muscle strength
- Has a very low impact on joints
- Builds bone density
- Boost your body's natural collagen production while decreasing the appearance of cellulite
- Increase your metabolic rate
- Reduce your back and joint pain
- May help decrease blood pressure level
- May elevate your serotonin levels (happy hormones for better mood and sense of well being)
- Improve both blood circulation and lymphatic drainage
- Decrease your recovery time after workouts

**£5 per session
£45 for 10 sessions**

GRAD SPECIAL
Make-up, Full Body
Tan, File & French
Polish **€50**

**Also a wide
range of
Beauty
Treatments
Available**

Countdown to Castlerea Festival and Show

**MAKE SURE TO
RETAIN OUR
4-PAGE GUIDE TO
CASTLAREA SHOW
& FESTIVAL!**



Castlerea Rose contestants pictured with committee members.

The annual Castlerea Rose Festival will take place from Wednesday 28th July to Saturday July 31st next, featuring lots of fun events for all the family.

On Wednesday the grand opening parade commences with floats, arts groups, vintage cars, samba bands, car-

toon characters and the Castlerea Brass Band all taking to the streets. Music will be provided on the night by the Patrick Feeney band.

On Thursday there is live pig racing on Patrick Street, a barbecue and a car boot sale with entertainment coming from Swallow Tails Céilí Band and a beat on the street with Brendan Shine.

On Friday the Rose competition takes place in the Stagger Inn. MC for the night will be Mid West's Paul Claffey and admission on the night is €10, while on Saturday there will be a disco roadshow with i102 presenter Dave O'Connor.

There is also fun and amusement for all the family at the show with Willy the Clown, face painting and bouncy castles while there will be live music all day with the Castlerea Brass Band and Dene Lane and Gracelands. For all set-dance enthusiasts there will be a céilí taking place on Monday afternoon with the music coming from Matt Cunningham and his céilí band.

The committee would like to take this opportunity to request that members of the public co-operate with Gardaí and Festival stewards at all times in the interest of public safety.

They would also like to thank all the sponsors who have contributed in any way to the running of the show and thank all the general public for their continued support and

backing of the event.

The Castlerea Trade and Craft Show 2010, sponsored by Cahill's SuperValu, will take place on Monday 2nd August. After last year's show fell victim to the adverse weather conditions the committee are hoping that this year the event will be back with a bang. It promises to be an event not to be missed with a range of activities and competitions to suit everyone's preferences and tastes.

As usual there are a range of things to do and see at the show. There are all the usual competitions and classes in cattle where the Connacht Non-Pedigree Commercial Calf Championship, the Non-Ped-

ers Championship, the Lanigan Mare and Foal Western Region Championship and the Roscommon Irish Draught Yearling Filly Championship taking place.

There is the annual dog show competitions with an array of classes for entry including 'best puppy', 'best terrier', 'best jack russell and 'best guard dog'. On top of that there is also some fun classes including 'best dog mixed breed' and 'best dressed dog'.

There are also a host of other classes in home baking, home produce, arts, amateur photography crafts, fruit, vegetables and flowers where qualifiers for the Chocolate Cook of the Year and the Oldcastle All-Ire-



Fiona Connelly and Aisling Flanagan with young admirers Ella Fitzmaurice and Rachel Mulligan at the launch of the Rose Festival in Castlerea recently.

igree Suckler Cow and Calf All-Ireland championship and the All-Ireland Suckler Heifer Championship are the featured events.

There are also a range of classes in the Horse and Pony competitions with the Leitrim Irish Draught Breed-

land Amateur Painting Championship will take place.

There will be a host of other novel events taking place on the day including a 'bonnie baby', 'best dressed lady' and a 'glamorous granny' competitions.