

Labour: We're on the march out West!

Eamon Gilmore threw down the gauntlet to his political rivals and the party's organisation by pledging that "the Labour Party will run enough candidates to enable the Irish people to make Labour the largest party in the next Dáil."

Labour's candidate selection procedures are well advanced. In the West of Ireland, from Donegal to Kerry, the growing profile of people such as former Mayo TD Dr Jerry Cowley, and Councillor John Kelly in Roscommon/South Leitrim, Frank McBrearty in Donegal South West, Colm Keaveney in Galway East, Arthur Spring in Kerry North/Limerick West, and many others all augur well for the party's chances throughout the country.

Speaking at the Party Conference, Cllr. John Kelly said Fianna Fáil's legacy in Government was to put almost 4,000 people out of work in Roscommon and Leitrim.



Pictured at the Labour Party Conference at the weekend were, from left: Jerry Cowley, Mayo, Cllr. Frank McBrearty, Eugene Deering North West Constituency Support Officer and Cllr. John Kelly, Roscommon.

We are moving



outside soon!

JJ's

The Square, Roscommon

Trad Session this Friday



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Treatments of the Month

January:
Thermal Suite

February:

Warm Stone Back Massage

March:

Invigorating Full Body Sugar Scrub

April:

Bright Eyes, Eye Treatment & Scalp Massage

May:

Deep Tissue Back Massage

June:

Warm Oil Therapeutic Face,
Scalp & Shoulder Massage

July:

Revive & Renewing Facial

August:

Refreshing Foot & Leg Ritual

September:

Rasul, Exfoliation, Mud Steam Experience

October:

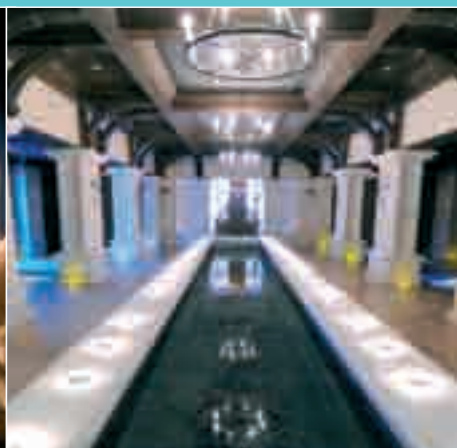
Hot Poultice & Oil Back Treatment

November:

Fresh Lime Spa Foot Remedy

December:

Warm Wax Therapeutic Spa Hand & Arm
Treatment with Warm Basalt Stones



Successful clean-up in Kilkerrin

This year's annual clean-up of all the public spaces in Kilkerrin took place last weekend and was an outstanding success. Overall 100 volunteers matched or even surpassed last year's turnout and collected the roadside litter deposited in the main from passing cars. A notable feature this year was the number of children and family groups who participated. Thanks to all. Special thanks go to the sturdy men who 'rescued' the water-soaked mattress from its prominent position! Also to the men who braved the Wellfort stream to remove the bags of beer cans.

Suicide prevention helpline

Residents in Roscommon will now have access to a 24/7 suicide prevention helpline co-founded by national charity, 3Ts (Turn the Tide of Suicide), following a donation of over €270,000 from patron SPAR Ireland. Shoppers in Roscommon contributed directly to the establishment of the helpline through their purchases of SPAR own-brand products, with a one cent contribution from a range of selected products donated to the 3Ts, along with the proceeds from other in store initiatives going to the organisation. SPAR has announced this week that it will continue its fundraising campaign across SPAR Own Brand for the remainder of 2010 to ensure that further funds are generated to support this much needed community service.

Strokestown's social innovators shortlisted

A project by students in Scoil Mhuire, Strokestown, seeking to promote a healthier lifestyle amongst young people, is among 30 projects that have been shortlisted for the Young Social Innovators Den, part of the 9th Young Social Innovators Showcase and Awards.

Later this month, the students will have the opportunity to pitch to a panel of experts for resources to develop their project. KPMG is the lead partner of the YSI Den and together with Social Entrepreneurs Ireland, Youth Bank and the Frank Young Memorial Fund, provide grants of practical and financial assistance.