

Fundraising cycle to honour Alan Gallagher's memory

This Friday, May 7th, a group of 40 friends, relatives and colleagues of the late Alan Gallagher will set out on a two-day cycle from Cork to Roscommon to raise much needed funds for Brainwave, The Irish Epilepsy Association.



The late Alan Gallagher

The aim of the cycle is to honour the late Alan Gallagher and to raise funds and create greater awareness about epilepsy in Ireland. The cycle will begin in Cork City and will finish in Roscommon town in Ballingard Road where Alan's parents Maire and Peter Gallagher live and where Alan grew up.

Alan was a well-liked and respected young man with a keen interest in cycling who sadly passed away unexpectedly aged 29 in 2009 as a result of his epilepsy. His friends and family have decided to

honour his memory by staging a fundraising cycle from Cork, where Alan went to college to Roscommon, his home town.

Over the course of two days and almost 300km, the cyclists will visit Limerick, Galway

and Roscommon, all the while raising both funds and awareness for epilepsy, a neurological condition that affects 37,000 people in Ireland and which is responsible for 60-80 deaths each year.

Jump in new car sales

109 new cars were registered in County Roscommon in April 2010, compared to 56 in April 2009, a rise of over 94 percent. There was one new truck registered in the county

in April 2010, compared to none in the same month last year. 12 vans were registered in April 2010, compared to six in the same month last year, a rise of 100 percent.

Roscommon CELEBRITY JIGS & REELS 2010

Saturday, May 22nd, 2010
Kilbride Community Centre
Commencing 9.30pm Sharp

Be sure to support your candidate and their nominated charity!

Tickets €20

For ticket details contact: 087 7908904

Proceeds go towards the RosFm Disability & Training Fund

Centra

Valid until the 15th May

VEG €1 EACH



Centra Beansprouts 280g (€3.57/kg)/Noodles 300g (€3.33/kg)/Iceberg Lettuce 150g (€6.67/kg)/Crunchy Carrots Bag 800g (€1.25/kg)/Button Mushrooms Prepack 200g (€5.00/kg)



NOW €1 McVitie's Digestive/Hob Nobs/Fruit Shotcake/Jaffa Cakes/Snakz Cracker (See In-Store for Details)



BETTER THAN HALF PRICE HB Twister 7 Pk. 560ml was €5.27 **now €2.50** (€4.46/l)

SWEET TREATS €5



Centra Chunky Chocolate Caramel/Crispy Biscuit Caramel/Nutty Nougat Caramel 5 Pk Bars (See In-Store for Details) + Centra Energy Drink 380ml €1 each (€2.63/ltr) + Centra Bacon Fries/Onion Rings/Cheese Pulls/Salt & Vinegar Sticks 100g 79c each (€7.90/kg)



NOW €2 Centra Quality Irish Round Steak Mince 400g was €4.00 (€5.00/kg)

Casey's Roscommon
 Cooney's Boyle
 Holmes Ballygar
 Keanes Athleague
 McDonnell's Strokestown
 Tighes Rooskey
 Westward Centra
 Tarmonbarry

Centra SMART SAVINGS

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