

13th Lough Ree Environmental Summer School and Arts Festival 2010

7th-11th July

energy

Lough Ree Development Co-op, Lanesborough, Co. Longford Tel: (043) 33 27070

Keenan to open Lough Ree Festival

The 13th annual Lough Ree Environmental Summer School and Arts Festival takes place this year from the 7th to the 11th of July.

The festival takes place each year in Lanesboro and Ballyleague, and its main aim is to increase awareness of the environment.

The festival and Summer School are to be officially opened on Tuesday the 8th of July.

The theme of this year's festival is 'Energy'. Chairperson Teresa Costello says: "Our chosen theme this year is energy and we are pleased and fortunate to have Brian Keenan join us to officiate at the opening of the festival, as he is someone blessed with enormous energy."

Performing the official opening of the Summer School is Brian Keenan, a man who used his own energy to stay alive while being forced to live in intolerable conditions.

On the morning of April 11th, 1986, Brian Keenan was kidnapped by the Islamic Jihad, and kept captive for the next four and a half years. When he was released on August 24th, 1990, his weight had dropped by four stone, and he was malnourished and physically weak. After a stay in hospital, Keenan started a new life, and has spoken about his ordeal to audiences all over the world, and he will share some of his experience at the Summer School opening.

Longford County Librarian Mary Carle-



Brian Keenan

ton Reynolds will officiate at the opening of the Arts Festival on July 8th in the Co-Op Hall at 7.30 pm.

This year, the festival has a wide-ranging programme of events, catering for all interests, from a celebration of local writers to an introduction to diving.

An art exhibition will be held for the five days of the festival in the Co-Op Building, from 12 noon to 6 pm each day. Some of

the artists that are to have work exhibited in the exhibition include experienced Irish artists Bernard Canavan, Patricia Cox, Stephen Loughman, Emmet Dolan, Mary Wilson and Michael McCarthy, and up-and-coming artists Aimee Gillen and Ciaran Farrell. Reflections Art Group, with members from Longford, Leitrim and Roscommon will also be exhibiting some of their work. Shannonside Camera Club will also have an exhibition of photographs.

The Lanesboro triathlon will also be part of the festival, and a mini triathlon also takes place on the same day.

Other events being held as part of the festival include a Seminar on future electricity on Friday the 9th, a guided walk on Sliabh Bán on Saturday the 10th, and an Island trip on the Viking ship on Saturday the 11th.

To finish off the festival, a céilí will take place on Sunday the 11th in St Mary's Hall, with music from the Annaly Céilí Band. The Annaly Céilí Band is comprised of Sean Sweeney, Sean Thompson and Brendan Daly, and are back by popular demand to play the festival for the third year in a row.

All events are dependent on weather conditions and participation levels. Places for all events are limited, and early booking is advised.

For more information, you can contact Lough Ree Development Co-Op on 043-3327070, or email them at loughreedevcoop@gmail.com.

PROGRAMME OF EVENTS

Wednesday 7th July	Venue	Time	Cost
Art Exhibition	Co-Op Building	12 noon - 6 pm	FOC
Celebration of Local writers	Library	8 pm	FOC
Thursday 8th July	Venue	Time	Cost
Art Exhibition	Co-op Building	12noon-6pm	FOC
Arts Festival/ Summer School Official Openings	Co-op Building	7.30pm	FOOC
Mary Carleton Reynolds, Longford County Librarian will officiate at the opening of the Arts Festival, followed by the Official Opening of the Summer School by Brian Keenan, music, song and refreshments.			
Friday 9th July	Venue	Time	Cost
Art Exhibition	Co-op Building	12 noon - 6pm	FOC
Visit to Famine Graveyard and Newcastle House		11 am	€15
Future Electricity Seminar	Co-op	2 pm	FOC
Saturday 10th July	Venue	Time	Cost
Art Exhibition	Co-Op Building	12 noon - 6pm	FOC
Lanesborough Triathlon	Lanesborough carpark	9.30 am	€35
Mini Triathlon	Lanesborough carpark	9.30 am	€10
Introduction to Diving	Co-Op Building	2 pm - 4 pm	FOC
Sliabh Bán Walk with Pat Compton		2 pm	€10
Celebrating our Christian Heritage/ Parish Choir followed by Celtic Legends in concert	St. John's Church	8 pm	€10
Sunday 11th July	Venue	Time	Cost
Art Exhibition	Co-Op Building	12 noon - 6 pm	FOC
Environmental Mass	St. Mary's Church	11.30 am	
Island and Viking Trip with Dick Warner	Co-Op Building	11 am	€15
Lake Trip to Tarmonbarry with Dick Warner	Co-Op Building	2 pm	€151
Céilí Music by the Annaly Céilí band Refreshments will be served	St. Mary's Hall	4pm - 7pm	€10

Highest standards at Cullen's XL Stop and Shop

Every town has its popular local food store and Lanesboro is no different. At Cullen's XL Stop and Shop, only the best of local and Irish produce is conveniently located on your doorstep.

Inside the modern premises is a popular and well-stocked convenience store which has a newsagency, a highly-popular and wide-ranging deli and a variety of grocery items to meet your needs. It is clearly evident that the Cullen's top priority is impeccable shop cleanliness and hygiene.

The products available include a great selection of fresh breads, dairy items, household products and much, much more. Moreover, there is a wonderful selection of wines guaranteed to please any palate. Such is the selection at Cullen's that the business won a recent Wine of the Year Award.

Each week the shop offers new special offers on a range of different items throughout the shop, so there's always a great reason to drop into Cullen's. What's more, look no further for your caffeine 'fix'. The XL Stop and Shop coffee dock uses Italian sourced beans and grinds them on site to ensure the freshest of fresh caffeine for all coffee junkies!

Cullen's is committed to sourcing as many local products as possible and welcomes ideas from locals as to new and interesting merchandise. As a

service station, Cullen's offer competitive prices on fuel such as briquettes and coals. Your local XL Stop and Shop also has a fully attended car wash on site.

The Cullen family, namely Chris (senior) and his wife, Caroline, with son, Chris, (junior) and daughter Claire, are no strangers to dealing with the public. For many years the family managed the iconic Clarke's Pub in Lanesboro town.

Cullen's XL Stop and Shop is open Monday to Friday 7 am to 10 pm and Saturday and Sunday 7 am to 9 pm. To contact the shop, please call (043) 33 27635.

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