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1Mbps Annual	10Mbps	1Mbps	2GB	24 Months	Free	€19	€19	€288	€288
2Mbps Monthly	20Mbps	2Mbps	2GB	24 Months	Free	€19	€19	€48	€576
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**BriskNet Ltd.**

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Contact BriskNet Broadband on  
**090 66 34319**

\*Speeds are not guaranteed and are subject to change. Speeds are measured at 20°C and are only for download. Actual speeds may vary. Additional equipment may be required for installation of additional lines. 24 month minimum contract period. Direct Debit required. This service is for use on broadband only.

## Open Day at Tattie Hoaker a great success

The open day at Tattie Hoaker proved to be a very enjoyable day for all who attended.

There were a total of eight therapists and consultants on hand giving treatments and advice for all types of health concerns. Manager of Tattie Hoaker, Maureen Brosnan, said, "It's fantastic to see so many people interested in and looking after their health the natural way.

There was a constant flow of people rambling in, in search of holistic cures or just dropping in for a nibble of the delicious home-cooked gluten-free food made by Mags Gallagher.

Maureen would like to thank Anne Quirke for all her help with the open day and Mags for the wonderful display of food.

Thanks to all the therapists and consultants who attended

to make the day a success and finally thanks to all customers, old and new and everyone who supported the raffle.

The raffle raised €450 for the Galway/Mayo Hospice Foundation. For future events at the Tattie Hoaker Health Food Store log on to [www.tattiehoaker.com](http://www.tattiehoaker.com) or call Maureen on (090) 66 30492.



Sisters, Anna and Caitriona Soares at Ballinlough Festival. Pic: Mick McCormack.

## MacNificent 7k Charity Walk in aid of Cystic Fibrosis

on Sunday 1st August at 1.30pm  
at The Square, Roscommon Town

Entry Fee: €15.00

All Welcome

(Cheques, etc, payable to Cystic Fibrosis)

Enquiries (086) 8417264

Please Support

## Bikers at Gleeson's

As part of ongoing sponsorship for the 7th annual motorbike run for the Mayo Roscommon Hospice, Gleeson's in association with Bewley's, are sponsoring refreshments for the Roscommon Town stopover for over 100 bikers.

From 2pm on Sunday, anyone can visit Gleeson's and meet and greet all the motorcyclists. Families can then stay on for the July 4th barbecue with live music from 5 pm to 7.30 pm.

## New facial and products launched at Louise's Beauty Studio

A superb new facial and two new Collin products are being launched this weekend at Louise's Beauty Studio 1 Sliabh Bán View, The Walk, Roscommon.

The new Collin Regenerating AHA facial is available from today at Louise's Beauty Studio, the only venue in the county to offer this state-of-the-art facial.

The new facial strips down dead layers of skin and uses the application of a pure collagen and Vitamin C serum, combined with relaxing massage, to renew and repair the skin, leaving it radiant and offering the skin all the anti-ageing armoury it needs.

The secret of the new hour-long facial is a newly-patented ingredient, a collagen-infused cream called Brevet. This allows the skin to replenish lost collagen, boosting firmness and



Louise Connelly

leaving the skin hydrated and radiant.

To coincide with the launch of the new facial, two new products are also being offered by Collin. The first is Regenerating Collagen Gel, which is clinically proven to have dramatic results in reversing the aging process, it

is a needle free, collagen treatment in a jar. Collagen makes up 70 percent of our skin and is the key ingredient in keeping the skin firm plump and wrinkle free. Our skin loses collagen at the rate of three percent a year from our late teens, eventually resulting in lines and wrinkles.

The Regenerating Collagen Gel uses an exclusive patented ingredient called vectorised Micro Collagen. Vectorised Micro Collagen, is identical in structure to our own collagen, because of this it can stimulate our own skin to produce more collagen. It is clinically proven to stimulate collagen production within the skin by up to 49 percent, firming and strengthening the skin, and dramatically reducing the appearance of wrinkles and fine lines.

Louise notes that this gel is

"absolutely brilliant for people with sensitive skin, thread veins or acne, because the gel is cooling and hydrating and works down to the lower layers of the skin."

The second new product is a radiance-renewing rich cream, which Louise describes as "Vitamin C and collagen in a jar." "It's very good for dry, dull, tired skin and with both creams and facial, you can see instant results. The benefits of even one facial will be seen for a long time and the cream and gel are very rich, so you use them very sparingly. A wide range of other Collin facials and products are also available.

For further information, talk to Louise at Louise's Beauty Studio, 1 Sliabh Bán View, The Walk, Roscommon, telephone (090) 66 37939.

## Motorbike run for hospice

The seventh annual Hospice bike run in aid of Roscommon/Mayo Hospice takes place this weekend, heading off from Percy French Hotel, Strokestown on Saturday morning with in the region of 100 motorcycles will make their way to Westport collecting in all the towns and villages along the route.

The bikers will arrive in Westport on Saturday evening and make their way back to Strokestown on Sunday coming back through the county town of Roscommon and arriving back to the Strokestown on Sunday evening. A team of collectors will also be travelling along the route. Cards are available in shops and pubs throughout the region, and you are asked to make some contribution to the cards on display.

This event raised in the region of €200,000 over the seven years and is a major part of the funding to the Roscommon/Mayo Hospice annually. The bikers and families give of their time and energy and money freely and pay their own way each year. The organisers wish to thank the general public for their great support down through the years and even though we now are in very difficult times economically people continue to support this annual event.